

Executive Committee Region 4 Behavioral Health Board

March 4, 2021, beginning 9:00 a.m. (MT)

Join Zoom Meeting

https://us02web.zoom.us/j/82384227653?pwd=TU9tQ3JrR3RKcUVhNks2cldnZHpwdz09

Meeting ID: 823 8422 7653
Password: 043752
Call into meeting:
#1-669-900-6833 US (San Jose)
#1-253-215-8782 US (Tacoma)

Central District Health: 707 N. Armstrong Place, Boise, Idaho, 83704

Zoom attendance preferred. Attendance in person requires masks/face coverings to be worn properly and at all times. A face covering must fit close to your face without large side-gaps that covers the nose and mouth. Acceptable face coverings include: Cloth masks made of tightly woven fabrics, such as cotton and cotton blends, and medical and non-medical disposal masks. Any mask that incorporates a valve or vent, or contains openings, holes, or visible gaps is non-compliant. Physical distancing will be observed and as such, in-person attendance capacity will be limited to 6 people.

| Time | Agenda Item | Notes |
|----------------|-----------------------|--|
| 9:00 – 9:05 AM | Welcome | |
| 9:05 – 9:15 AM | Appointing Committee | A motion was made, and seconded, to approve |
| | Action Item: vote to | Micah Crawford for the Department of Health and |
| | approve new member | Welfare (DHW) seat on the Region 4 Behavioral |
| | for the Department of | Health Board. The motion passed unanimously. |
| | Health and Welfare | Micah's appointment begins April 2021. |
| | (DHW) seat on the | |
| | Region 4 Behavioral | Add to March meeting agenda: call for nominations |
| | Health Board | and vote on new Treasurer |
| | | The Appointing Committee requires a |
| | | representative from DHW. This does not require a |
| | | vote from the Board. |
| 9:15 – 9:45 AM | Strategic Planning | Danielle presented on a potential trauma- |
| | Projects | informed/resiliency training event. Target |
| | Dawn Colwell | audiences might include the foster care community, |

| | Danielle | school staff and teachers, social workers and clinical |
|-----------------|--------------------|---|
| | Fanopoulos | staff, and others. CEUs will be offered, depending |
| | | upon the audience. Items to consider included: |
| | | Funding for presenters (R4BHB or |
| | | community sponsor) |
| | | Laura K. is available to provide a PTSD and |
| | | resiliency presentation. |
| | | Connect with Optum |
| | | Panel of experts |
| | | May is Mental Health Month and September |
| | | is Suicide Prevention and Recovery Month |
| | | Danielle will reach out to the Youth Subcommittee |
| | | regarding the event. Danielle will also present on |
| | | project during the Board Meeting in April, offering |
| | | the opportunity for Board members to participant |
| | | on this project. |
| | | |
| | | Dawn presented on the "electronic rolodex" idea. |
| | | Based on the visual <u>network diagram</u> from the |
| | | Idaho Resilience Project, the project would involve |
| | | connecting R4BHB members to the community. |
| | | Categories would be based on Board seats. A full |
| | | proposal will include a sustainability plan. An |
| | | acronym list was requested as part of this project. |
| | | Brenda volunteered to collaborate. Dawn will |
| | | present the project proposal during the Board |
| | | meeting in April. |
| 9:45 – 9:50 AM | Bylaws Update | Add to March agenda |
| 9:50 – 9:55 AM | Confirm March 2021 | Confirmed |
| | meeting agenda | |
| 9:55 – 10:20 AM | Open Discussion | From the Behavioral Health Board Leadership Call – |
| | | a potential grant opportunity through Division of |
| | | Behavioral Health. Monies can be used to provide community based treatment and recovery support |
| | | services, linkages to food and nutrition services, day |
| | | care, housing, etc. (serve people impacted by |
| | | COVID). |
| | | Discussed ICADD cab along bins to the most the |
| | | Discussed ICADD scholarships. In the past, the R4BHB provided two scholarships for individuals |
| | | from counties other than Ada. This year, the |
| 1 | 1 | 1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 |

| | | meeting will be virtual. Add this discussion item to March meeting agenda. |
|------------------|---------|---|
| | | Tami will send Jen the budget information and to look into the distinct requirements between federal and state monies. |
| | | Question posed regarding protocols for letters of support from the R4BHB. Recommended to bring this topic up to Leadership and ask Mindy to add to next meeting agenda. |
| | | Include an attendance update during March Board meeting. |
| 10:20 – 10:30 AM | Wrap-up | |

Next Executive Committee Meeting: April 1, 2021